



Funding and rebates fact sheet

Medicare rebates – Mental Health Care Plan

Medicare provides rebates under The Better Access to Mental Health Care scheme. You will require a referral from your general practitioner, psychiatrist, or paediatrician. They will assess your eligibility for a Mental Health Care Plan (MHCP), and provide you with paperwork to bring to your first appointment. You can expect a rebate of \$141.85 for an appointment with a clinical psychologist, and \$96.65 for an appointment with a registered psychologist. You can access this rebate for up to 10 sessions per calendar year. Please note that you will pay for the full fees upfront and then after the session your rebate will be processed. This means that Medicare doesn't rebate late cancellation fees.

Medicare bulk bill

Available only during business hours and limited to 2 clients per practitioner.

Bulk billing for clients with a MHCP who are in financial hardship and who can prove their situation. They can access 6-10 sessions per calendar year. Please note that practitioners at Soær Psychologists accept a limited number of clients under bulk billing and their books are often full.

Private health insurance

You must speak to your private health insurer to see if they cover part of the fees or the full fee amount for psychological services. If they do provide any form of cover, please advise us and you will be provided with an invoice for the full fees paid which you must then present to your private health insurer to make a claim yourself.

Department of Veterans Affairs (DVA)

Available only during business hours and limited to 2 clients per practitioner.

Holders of a Gold or White DVA card can access 12 free sessions per calendar year. Clients must attain a referral from their GP. Please note that practitioners at Soær Psychologists accept a limited number of clients under DVA and their books are often full.

Work Cover NSW

If you have experienced a workplace-related injury, you may be eligible to receive psychological sessions at no cost to you. You must speak to your HR at your workplace about mental health support and see your GP for a referral. (Soær Psychologists is not yet registered to accept Work Cover cases).

National Disability Insurance Scheme (NDIS)

Soær Psychologists accepts self-managed NDIS plans.

Psychological Access Plus

Government funded sessions. Speak to your GP for suitability and assessment for Access Plus. (Soær Psychologists is not yet registered to accept Work Cover cases).